

**Man. Birth year: 1976**

**Age: 42**

**Place of the residence: RB**

**The main disease: heart diseases.**

**The first stay on the regenerative therapy at the Academy: 2015**

**How many regeneration stays were used: 3**

**Duration of rehabilitation stays: 1-27 days, 2-14 days, 3-14 days**

Dynamics of health and ailments before and after rehabilitation stays, at various intervals. Tick X where the answer is correct. If the question does not apply to you (e.g. "Did you increase the amount of medication being used?"), leave the whole line without marking.

Symptoms, ailments	Before treatments %	1 week after treatments %	1 month after treatments %	6 months after treatments %	1 year after treatments %	2 years after treatments %	3 years after treatments %
Insomnia	x	x					
Abdominal pain	x	x					
Muscle pain	x						
Pain in the right abdomen, after eating	x						
Quick fatigue	x						
Hemorrhoids		x					
Feeling unwell in general	x	x					
Well-being in general				x	x	x	x
High blood pressure	x						
Stomach problems	x						
Skin problems		x	x				
Problems with the liver	x	x	x				
Problems with a cold	x	x	x				

<b>Body regeneration and self-renewal problems</b>	<b>x</b>						
<b>Irritability, stress</b>	<b>x</b>	<b>x</b>	<b>x</b>				
<b>Performance degradation</b>	<b>x</b>	<b>x</b>	<b>x</b>				
<b>In what period of time have you been satisfied with the liver cleansing method?</b>				<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>
<b>In what period of time have you been satisfied with the way of the body regeneration?</b>				<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>
<b>When did you feel that the main disease was cured?</b>					<b>x</b>	<b>x</b>	<b>x</b>
<b>When did you feel that the main disease stopped developing?</b>				<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>
<b>In what period of time did your disease progress seriously?</b>	<b>x</b>						
<b>Did you take your medicines regularrelly? When?</b>	<b>x</b>						
<b>Did you increase the use of your medicines? When?</b>	<b>x</b>						
<b>Did you reduce the use of your medicines? When?</b>			<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>
<b>Did you stop taking any medicines? When?</b>				<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>
<b>Improvement of blood tests results</b>				<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>
<b>Improvement of sports results</b>				<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>
<b>Deterioration of sports results</b>	<b>x</b>	<b>x</b>	<b>x</b>				
<b>Fewer problems in life</b>					<b>x</b>	<b>x</b>	<b>x</b>

**Assessment of patients' well-being before and after regeneration stays in different time intervals**

<b>At what age (according to your passport data) did you come to the Academy for the first time to recover?</b>	<b>How old did you feel and look to be, according to your feelings, before the start of your stay at the Academy?</b>	<b>How old did you feel and look to be, according to your feelings, after 1 month of completing the stay at the Academy?</b>	<b>How old did you feel and look to be, according to your feelings, after 6 months of completing the stay at the Academy?</b>	<b>How old did you feel and look to be, according to your feelings, after 1 year of completing the stay at the Academy?</b>	<b>How old did you feel and look to be, according to your feelings, after 2 years of completing the stay at the Academy?</b>	<b>How old did you feel and look to be, according to your feelings, after 2 years of completing the stay at the Academy?</b>
<b>39</b>	<b>45</b>	<b>35</b>	<b>35</b>	<b>35</b>	<b>35</b>	<b>35</b>